



PRAYING AT HOME

*For Sundays in June and the Feasts of S. John
the Baptist and SS. Peter and Paul*



The ELEVENTH SUNDAY *in* ORDINARY TIME

Sunday, 13th June 2020

Light a candle and spend some time in silence if you can. Giving thanks for God's great loving kindness, you might want to sing or say this hymn:

1. O God, our help in ages past,
Our hope for years to come,
Our shelter from the stormy blast,
And our eternal home.

2. Under the shadow of thy throne
Thy saints have dwelt secure;
Sufficient is thine arm alone,
And our defence is sure.

3. Before the hills in order stood,
Or earth received her frame,
From everlasting thou art God,
To endless years the same.

4. A thousand ages in thy sight
Are like an evening gone,
Short as the watch that ends the night
Before the rising sun.

5. Time, like an ever-rolling stream,
Bears all its sons away;
They fly forgotten, as a dream
Dies at the opening day.

6. O God, our help in ages past,
Our hope for years to come,
Be thou our guard while troubles last,
And our eternal home.

by Isaac Watts

The Collect: O God, strength of those who hope in you, graciously hear our pleas, and, since without you mortal frailty can do nothing, grant us always the help of your grace, that in following your commands we may please you by our resolve and our deeds. Through Christ our Lord. Amen.

Then, making the sign of the Cross, say:

✠ In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Spend some time in silence, calling to your mind your sins. Then say,

Lord Jesus, you are mighty God and Prince of Peace: Lord, have mercy.

You heal the wounds of our sin and division: Christ, have mercy.

You intercede for us with the Father: Lord have mercy.

Remind yourself of the gift of God's forgiveness, by reading these words from 1 John 1.9: If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness.

Then say the Collect: O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, one God, for ever and ever. Amen

THE LITURGY OF THE WORD

Then read today's appointed readings:

- *Ezekiel 17:22-24: I make low trees grow.*
- *2 Corinthians 5:6-10: Whether we are living in the body or exiled from it, we are intent on pleasing the Lord.*

Alleluia! Alleluia! I call you friends, says the Lord, because I have made known to you everything I have learnt from my Father. Alleluia!

- *Mark 4:26-34: It is the smallest of seeds; yet it grows into the biggest shrub of them all.*

Spend some to time, if you can, in quiet contemplation, asking the Holy Spirit to show you what the scriptures have to say to you today. And then spend time praying for the Church, the world and all its needs.

SPIRITUAL COMMUNION

Say the OUR FATHER. Then make your act of SPIRITUAL COMMUNION. Spend a moment meditating on Jesus' love for us and your own longing for the fullness of resurrection life in union with him. Then pray:

MY JESUS, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Spend some time in silence, giving thanks, and then say:

Blessed, praised and adored be Jesus Christ on his throne of glory, and in the Most Holy Sacrament of the Altar. Amen. Alleluia!

In thanksgiving, you might want to sing this hymn

Forth in the peace of Christ we go;
Christ to the world with joy we bring;
Christ in our minds, Christ on our lips,
Christ in our hearts, the world's true King.

2. King of our hearts, Christ makes us kings;
Kingship with him his servants gain;
With Christ, the Servant-Lord of all,
Christ's world we serve, to share Christ's reign.

3. Priests of the world, Christ sends us forth
This world of time to consecrate,
This world of sin by grace to heal,
Christ's world in Christ to re-create.

4. Prophets of Christ, we hear his Word:
He claims our minds, to search his ways;
He claims our lips, to speak his truth;
He claims our hearts, to sing his praise.

5. We are his Church, he makes us one:
here is one hearth for all to find;
here is one flock, one Shepherd-King;
here is one faith, one heart, one mind.

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Say this concluding prayer: Lord God, strength of those who hope in you, support us in our prayer: because we are weak and can do nothing without you, give us always the help of your grace so that, in fulfilling your commandments, we may please you in all we desire

and do. Through our Lord Jesus Christ who lives and reigns for ever and ever. Amen.

And then pray for God's blessing, saying: The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Let us praise the Lord. Thanks be to God.

The TWELFTH SUNDAY in ORDINARY TIME

Sunday, 20th June 2020

For an opening hymn, you may wish to sing or say:

1. Father, hear the prayer we offer:
Not for ease that prayer shall be,
But for strength that we may ever
Live our lives courageously.

2. Not for ever in green pastures
Do we ask our way to be;
But the steep and rugged pathway
May we tread rejoicingly.

3. Not for ever by still waters
Would we idly rest and stay;
But would smite the living fountains
From the rocks along our way.

4. Be our strength in hours of weakness,
In our wanderings be our guide;
Through endeavour, failure, danger,
Father, be thou at our side.

(Maria Willis, 1824-1908)

The Collect: Grant, O Lord, that we may always revere and love your holy name, for you never deprive of your guidance those you set firm on the foundation of your love. Through Christ our Lord. Amen.

The readings are :

- *Job 38:1, 8-11: Here your proud waves shall break.*
- *2 Corinthians 5:14-17: Now the new creation is here.*

*Alleluia! Alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us.
Alleluia!*

- *Mark 4:35-41: Who can this be? Even the wind and the sea obey him.*

As a hymn in thanksgiving after your act of spiritual communion:

KING OF GLORY, King of peace,
I will love thee;
And that love may never cease,
I will move thee.
Thou hast granted my request,
Thou hast heard me;
Thou didst note my working breast,
Thou hast spared me.

2. Wherefore with my utmost art
I will sing thee,
And the cream of all my heart
I will bring thee.
Though my sins against me cried,
Thou didst clear me;
And alone, when they replied,
Thou didst hear me.

3. Seven whole days, not one in seven,
I will praise thee;
In my heart, though not in heaven,
I can raise thee.
Small it is, in this poor sort
To enrol thee:
E'en eternity's too short
To extol thee.

by George Herbert, 1593-1632

The concluding prayer: Lord God, teach us at all times to fear and love your holy name, for you never withdraw your guiding hand from those you establish in your love. Through our Christ our Lord. Amen.

***The* NATIVITY of S. JOHN THE BAPTIST**

Wednesday, 24th June 2020

In place of a hymn, you might like to say the Benedictus, the song sung by Zechariah on the circumcision of his son S John the Baptist. This is the version from the Book of Common Prayer:

Blessed be the Lord God of Israel : for he hath visited, and redeemed his people;
And hath raised up a mighty salvation for us : in the house of his servant David;

As he spake by the mouth of his holy Prophets : which have been
since the world began;
That we should be saved from our enemies : and from the hands of
all that hate us;
To perform the mercy promised to our forefathers : and to
remember his holy Covenant;
To perform the oath which he sware to our forefather Abraham :
that he would give us;
That we being delivered out of the hands of our enemies : might
serve him without fear;
In holiness and righteousness before him : all the days of our life.
And thou, Child, shalt be called the Prophet of the Highest : for
thou shalt go before the face of the Lord to prepare his ways;
To give knowledge of salvation unto his people : for the remission
of their sins,
Through the tender mercy of our God : whereby the day-spring
from on high hath visited us;
To give light to them that sit in darkness, and in the shadow of
death : and to guide our feet into the way of peace.

The Collect: O God, who raised up Saint John the Baptist to make ready a nation fit for Christ the Lord, give your people, we pray, the grace of spiritual joys and direct the hearts of all the faithful into the way of salvation and peace. Through Jesus Christ our Lord. Amen.

The readings are :

- *Isaiah 49.1-6: I will make you the light of the nations.*
- *Acts 13.22-26: Jesus, whose coming was heralded by John.*

Alleluia, alleluia! As for you, little child, you shall be called a prophet of God the most high. You shall go ahead of the Lord to prepare his ways before him. Alleluia!

- *Luke 1.57-66: His name is John.*

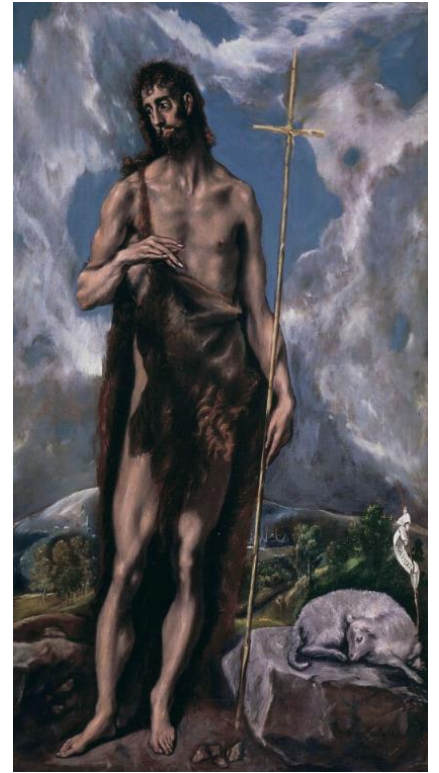
As a hymn in thanksgiving after your act of spiritual communion:

ON THIS HIGH FEAST Day honour we the Baptist,
greatest and last of Israel's line of prophets,
kinsman of Jesus, herald of salvation,
chosen forerunner.

Lo, from the heavens Gabriel descending,
brings to thy father tidings of thy coming,
telling thy name, and all thy life's high calling
duly announcing.

When Zechariah doubted what was told him,
dumbness assailed him, sealing firm the promise,
till, at thy naming, lo, his voice resounded
loud in God's praises.

Greater art thou than all the sons of Adam,
lowly in Spirit, faithfully proclaiming
Israel's Messiah, Jesus our Redeemer,
thus we exalt thee.



(By the editors of the English Hymnal
based on Latin text by Paul the Deacon (730-99))

The concluding prayer: Almighty God and Father, you sent Saint John the Baptist to the people of Israel to make them ready for Christ the Lord. Give us the grace of joy in the Spirit, and guide the hearts of all the faithful in the way of salvation and peace. Through our Lord Jesus Christ, who lives and reigns for ever and ever.

Amen.

The THIRTEENTH SUNDAY in ORDINARY TIME

Sunday, 27th June 2020

For an opening hymn, sing or say:

I HEARD the voice of Jesus say,
"Come unto me and rest;
Lay down, thou weary one, lay down
Thy head upon my breast:"
I came to Jesus as I was,
Weary, and worn, and sad;
I found in him a resting place,
And he has made me glad.

2. I heard the voice of Jesus say,
"Behold, I freely give
The living water, thirsty one;
Stoop down, and drink, and live:"
I came to Jesus, and I drank
Of that life-giving stream;
My thirst was quenched, my soul revived,
And now I live in him.

3. I heard the voice of Jesus say,
"I am this dark world's Light;
Look unto me, thy morn shall rise,
And all thy day be bright:"
I looked to Jesus, and I found
In him my Star, my Sun;
And in that light of life I'll walk
Till traveling days are done.

Horatius Bonar (1808-89)

The Collect: O God, who through the grace of adoption chose us to be children of light, grant, we pray, that we may not be wrapped in the darkness of error but always be seen to stand in the bright light of truth. Through Christ our Lord. Amen.

The readings are :

- *Wisdom: 1:13-15, 2:23-24: It was the devil's envy that brought death into the world.*
- *2 Corinthians 8:7, 9, 13-15: In giving relief to others, balance what happens to be your surplus now against their present need.*

Alleluia! Alleluia! Your words are spirit, Lord and they are life: you have message of eternal life. Alleluia!

- *Mark 5:21-43 Little girl, I tell you to get up.*

1. Fight the good fight with all thy might,
Christ is thy strength, and Christ thy right;
Lay hold on life, and it shall be
Thy joy and crown eternally.

2. Run the straight race through God's good grace,
Lift up thine eyes, and seek his face;
Life with its way before us lies,
Christ is the path, and Christ the prize.

3. Cast care aside, upon thy Guide,
Lean, and his mercy will provide;
Lean, and thy trusting soul shall prove
Christ is its life, and Christ its love.

4. Faint not nor fear, his arms are near,
He changeth not, and thou art dear;
Only believe, and thou shalt see
That Christ is all in all to thee.

(by J. S. B. Monsell, 1811-75)

The concluding prayer:

Lord God, since by the adoption of grace you have made us children of light, do not let false doctrine darken our minds, but grant that your light may shine within us and we may always live in the brightness of truth. Through Christ our Lord who lives and reigns for ever and ever. Amen.



SAINT PETER *and* SAINT PAUL

Tuesday, 29th June 2020

For an opening hymn, sing or say:

With gold most precious, and with sanguine hues of morn,
O Saviour gracious, Light of light, this day adorn,
To sinners granting pardon, peace, and welcome home,
Where heaven is chanting praise of splendid martyrdom.

For thy true servant Peter bearing high the keys,
And Paul whose fervent word proclaimed thy mysteries,
By cross victorious and by sword-stroke triumphing,
Now share the glorious court of life's eternal King.

O kindly pastor, unto whose apostolate
The royal Master gave in charge the heavenly gate,
In sin's defiling bondage be our joy to gauge
The reconciling virtue of thine embassy.

O faithful teacher, noble saint of ecstasy,
Fuller and richer be the truth we learn of thee,
Till for the failing doctrine that in part we know
His all-revealing light our bounteous God bestow.

In faith unshrinking, fearing not your hope to prove,
And deeply drinking from the fount of either love,
Ye stood in union like twin olive trees of grace;
Through whose communion may we seek the Father's face.

To thee, the glorious Christ, our Saviour manifest,
All wreaths victorious, praise and worship be address;
Whom with the living Father humbly we adore,
And the life-giving Spirit, God for evermore. Amen.

Ascribed to Elpis, c.500 – trans. by T.A. Lacey

The Collect: O God, who on the Solemnity of the Apostles Peter and Paul give us the noble and holy joy of this day, grant, we pray, that your Church may in all things follow the teaching of those through whom she received the beginnings of right religion. Through our Lord Jesus Christ, your Son. Amen.

The readings are:

- *Acts 12.1-11: The chains fell from his hands.*
- *2 Tim 4.6-8 and 4.17-18: The crown of righteousness.*

Alleluia, alleluia! You are Peter, and on this rock I will build my Church. Alleluia!

- *Matt 16.13-19: I will give you the keys of the kingdom of heaven.*

As a hymn in thanksgiving after your act of spiritual communion:

1. Faith of our Fathers! living still
In spite of dungeon, fire, and sword:
Oh, how our hearts beat high with joy
Whene'er we hear that glorious word.
Faith of our Fathers! Holy Faith!
We will be true to thee till death.

2. Our Fathers, chained in prisons dark,
Were still in heart and conscience free:
How sweet would be their children's fate,
If they, like them, could die for thee!
Faith of our Fathers! Holy Faith!
We will be true to thee till death.

Faith of our Fathers! Mary's prayers
Shall win our country back to thee:
And through the truth that comes from God
England shall then indeed be free.
Faith of our Fathers! Holy Faith!
We will be true to thee till death.

Faith of our Fathers! we will love
Both friend and foe in all our strife:
And preach thee too, as love knows how
By kindly words and virtuous life:
Faith of our Fathers! Holy Faith!
We will be true to thee till death

(by J. S. B. Monsell, 1811-75)

The concluding prayer: Lord our God, may the blessed apostles Peter and Paul support us by their prayers. Through them you first taught your Church the Christian faith. Provide us now, by their intercession, with help for our eternal salvation. Through Christ our Lord. Amen.